

Ronald Katz DDS

3176 Route 27 | Suite 2C | Kendall Park, NJ 08824
732.422.006

Post-Operative Instructions

- Your mouth has either gauze, and/or sutures over the surgical site. Do not disrupt as the sutures will be removed one week from now.
- Keep pressure with gauze over the surgical site for two hours after surgery. Do not change gauze unless it becomes soaked with blood. If bleeding occurs, wet a fresh piece of gauze with cold water; fold into square and place additional pressure for a half hour.
- In order to minimize swelling, place ice on the face over the surgical side for ten (10) minutes on, ten (10) minutes off for the first forty-eight hours after surgery. Maximum swelling usually occurs two days after surgery and then swelling decreases on the third day.
- Have soft foods for the first three (3) days after surgery. Avoid excessively hot or spicy foods, but consume good quantities of liquids.
- Do not rinse, spit, or drink through a straw for the first twenty-four (24) hours after surgery. After 24 hours you can rise with warm salt water (8oz. of warm water mixed with one teaspoon of salt) four (4) to five (5) times a day to keep the surgical site clean and fresh. Brush your mouth as you normally do in the areas away from the surgical site.
- In case of pain, two (2) Tylenol Extra-Strength every four (4) hours or children strength as specified will relieve pain. Your doctor probably has prescribed pain medication and/or antibiotics for you. Please take these medications as prescribed on the bottle.
- If you have any questions concerning your well being after surgery, please contact our office at (732) 422-0068.
- If you have received I.V. or oral conscious sedation, you must have someone drive you home from the office and do not operate machinery for a twenty-four (24) hour period.

The office of Ronald Katz D.D.S. has given me post-operative instruction.

Print Name: _____

Signature: _____ Date: _____