

# Ronald Katz DDS

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## Sinus Graft Post-Operative Instructions

Your surgical procedure today was near, or involved in the sinus area. The following precautions need to be followed to ensure proper healing:

- To feel congested is normal. This will usually subside within a few weeks.
- Please do not attempt to blow your nose to clear this feeling. It will only disturb healing in that area.
- If needed, “gentle” blotting around the nose is acceptable.
- A nose bleed can occur after surgery. If you experience this, elevate and pinch your nose for thirty (30) minutes.
- A gritty feeling in your mouth can last for a few days. Gentle rinsing can be done four (4) to five (5) times per day, twenty-four (24) hours after surgery to clear these particles.

The office of Ronald Katz D.D.S. has given me Sinus Graft Post-Operative Instructions.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_